

GENERAL DISTRIBUTION

**WEST VIRGINIA
DIVISION OF CORRECTIONS
& REHABILITATION**

NUMBER: 502.00

EFFECTIVE DATE: 01 August 2022

SUBJECT: RECREATION

POLICY DIRECTIVE

PURPOSE:

To maintain guidelines that govern recreational activities in Division of Corrections and Rehabilitation (DCR) facilities.

REFERENCE:

Performance-based Standard (PbS) Outcome Measure Health 15.

RESPONSIBILITY:

Superintendents are responsible to enacting Operational Procedures to ensure compliance with this Policy Directive.

CANCELLATION:

Any previous written instruction on the subject including DOC Policy Directive 502.00, dated 01 June 2014; RJA Policy 22001, dated 09 January 2015; and DJS Policy 507.00, dated 24 January 2014.

APPLICABILITY:

All facilities within the Division of Corrections and Rehabilitation (DCR). This Policy is available for general distribution.

DEFINITIONS:

Active Recreation: Any activity that utilizes large muscle movement such as basketball, ping pong, volleyball, aerobic activity, walking, etc.

Passive Recreation: Any activity that is done during leisure time such as video, card or board games, television time, reading, arts and crafts, etc.

Therapeutic Recreation: Any activity that combines exercise with meaningful learning opportunities to improve or maintain physical, mental and emotional well-being by teaching social and/or coping skills in an effort to reduce depression, stress, and anxiety.

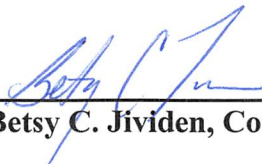
POLICY:

- I. Recreation in correctional facilities reduces idleness, provides opportunities for skill acquisition, promotes healthy activities and fosters positive group interactions.
- II. Each facility shall have a comprehensive recreation program that includes passive recreation (leisure-time activities) and active recreation (large muscle movement/exercise).
 - A. Active recreation will be offered to all adult inmates at least one (1) hour per day with the opportunity for recreation outdoors five (5) days per week unless security or weather conditions dictate otherwise.
 - B. Active recreation will be offered to all juvenile residents at least one (1) hour per day on weekdays and two (2) hours on weekend days with the opportunity for recreation outdoors five (5) days per week unless security or weather conditions dictate otherwise.
 - C. In the event security or weather conditions do not allow for active recreation to occur outdoors, the reason(s) will be documented.
 - D. Outdoor recreation may be provided in an enclosed area that provides fresh air and natural lighting.
 - E. The start and end times of all recreation will be logged appropriately.
 - F. Facilities may also incorporate passive recreation (leisure-time activities) and therapeutic recreation into their daily schedules.
- III. Designated areas and equipment suitable for active recreation (indoor and outdoor) and passive recreation (leisure activities) shall be available in proportion to the inmate/resident population and shall be maintained in good condition.

ATTACHMENT(S):

None.

APPROVED SIGNATURE: _____


Betsy C. Jividen, Commissioner


Date